



INTRAMURAL SPORTS: HOW ALL THIS WORKS



Looking to continue your athletic career at Bloomsburg University or another way to meet new people? Intramural Sports may be the answer. We've got over 20 different sport leagues and events each year in which you can battle to win the elusive Intramural Sports Champion T-Shirt or to be a BU Intramural All-Star. So how can you get involved? Well, here are some tips to help you get in the Game with Intramural Sports.

Team Sports

If you're used to playing the traditional team sports, then try an Intramural Sports league. We set up leagues for men's, women's, and co-rec (males & females) teams of all different skill levels in a variety of sports.

Registration Guides

Some basic information for getting involved in our leagues is detailed below. If you know you'll be the team captain, just a player, or searching for a team, you can get a detailed rundown of what you need to do to play from the information below.

Forming a Team

The easiest way to get involved in team sports is to form a team on your own such as, you and a couple friends, perhaps the hall of your dorm or the neighbors in your apartment complex. Student organizations such as fraternities and sororities as well as other campus groups often put together teams. Ask your organization at its next group meeting. To find out how many players you'll need for a complete team, browse through the [SPORTS RULES](#) or check our [TEAM CAPTAIN GUIDE](#) available online.

How to Register

Once you've got a squad together, you'll need to register. The key here is to **REGISTER BY THE DEADLINE!** So, when do you register? Well, each sport season has its own registration period. To find out when that is for each sport, checkout our [SPORTS CALENDAR](#) for each semester. The [SPORTS CALENDAR](#) is available online and in the IM Sports Office. You'll register for all sports online via the Intramural Sports web site and [IMLEAGUES](#).

Registration Options

Team sport registration is on a first-come, first-served basis. In general, leagues are set-up so that each team play once to twice each week during their respective league days (Monday/Wednesday or Tuesday/Thursday) for four straight weeks, with a one-week playoff tournament following the regular season.

Certain sports will have multiple divisions to choose from, a competitive division and a recreational division.

Team Captains Requirements

To register a team, you **MUST** successfully complete the online captain's quiz for the sport by the registration deadline. The deadline is listed on the [SPORTS CALENDAR](#) and displayed during registration on the Intramural Sports web site. Even if you're an expert in the sport, you or a teammate still **MUST** complete the online quiz. All teams must put down a returnable, \$20 Forfeit Deposit to be eligible to play. Deposits must be turned in by the deadline listed on the [SPORTS CALENDAR](#). If you fail to turn in your deposit we'll **DROP** your team from the league.

Regular Season Schedules & Team Rosters

Regular season schedules and team rosters for the majority of teams are available online via [IMLEAGUES](#) a couple days after the registration and Forfeit Deposit deadline. Simply print it out and you'll have who you play throughout the season. On the night of your game your team members should arrive at least 15 minutes early to sign-in at the game site. A BU ID Card is required for all participants. You can add players at any time, but must be done online, before the game. Players can only play on **ONE** team at a time in any given sport and once a player has joined a team he/she can **NOT** switch to another team without coming by the IM Sports Office to ask for a transfer. Play each game and behave yourself (we have team sportsmanship requirements) to be eligible to advance to the playoffs.

Free Agents

OK, so all this stuff about registering a team is great, but what if you don't know enough people to form a team on your own? Well, for most of our major team sports, we will put together a free agent lists. To register as a free agent for a sport, sign up in the Free Agents group on [IMLEAGUES](#). The Free Agent is advertised to existing teams so they might call you and ask you to join their team. If there are enough Free Agents a "free agent" team will be made or players will be place onto existing teams.

Still Have Questions?

No problem. Check us out online or simply stop by the Intramural Sports Office in the Student Recreation Center Monday – Thursday 1-5pm and speak to our friendly office staff. Or, you can call our office at 570-389-4885. Finally, you can also send us an email. Jump to the [CONTACT US](#) page to send us an email from the web site.

<http://departments.bloomu.edu/intramurals/>

